



## Advanced Training for Mastery Coaching

Accelerate your coaching  
competency to create a

deeper and  
more meaningful  
conversation

2nd Level  
Transformative Coaching

**LEVEL 2**

ICF-ACCREDITED  
COACHING EDUCATION

CoachMastersacademy  
Inspires Positive Change, Develops World-Class Coaches



# ACCELERATE Learning Track

You can expect to complete the training within 24 weeks.

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## 1 Pre-Course Work

Complete pre-course reading and a reflection paper.

## 2 Learning Lab

10 sessions @ 2 hours per session

Gain a deeper conceptual understanding to create a perspective shift in thinking to create a more meaningful conversation that delivers impactful coaching outcomes.

## 3 Competency Lab

10 sessions @ 2 hours per session

Using a structured framework, you will understand the benchmark to demonstrate your coaching competency at a higher skillset.

## 4 Peer Practice

5 Practices @ 2 hours per session

You will have a chance to put into practice the knowledge you have gained and receive valuable feedback on your learning progress.

## 5 Practical Lab

10 sessions @ 2 hours per session

To better understand how the principles are applied in the coaching conversation, a case-study approach is very helpful. By observing real-life scenarios, you can gain valuable insights on how to enhance your skillset.

## 6 Mentoring Session

3 mentoring sessions  
90 mins per session

Receive one-to-one mentoring sessions to bridge any learning gaps and, at the same time, identify growth opportunities for improvement.

# LEVEL 2

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## LEARNING LAB

### Module A: **Co-Creating Authentic Change**

Nurture thinking and make it visible is at the core of this module. It examines how meaning is constructed in parts forming the whole. You will develop advance competence in attending and responding in the moment and expanding their listening capacity.

| Inter-Connectedness | Integrative Whole Concept  
| Triple Loop Theories | Emergent Understanding



### Module B: **Personal Mastery**

This module lays the foundation for the work of creating deep transformation for the client. You will be guided through the practice of creating shift and how to direct your awareness inwards to focus on the present moment. This state of being allows us to suspend our agendas and judgments and witness the experience as it unfolds.

| Authentic Presence | Nurturing the Way of Being



### Module C: **Facilitating Clarity**

Clean and Metaphorical Language process is a technique designed to enable clients to discover more about their inner world and how they construct meaning. It will provide an opportunity for participants to explore the power of clean language metaphor and to practice specific ways to use them effectively in the coaching conversation.

| Clean Language | Metaphorical Language | Practicing Shift

## COMPETENCY LAB

Using a structured framework, you will gain understanding on the benchmark to demonstrate your coaching competency at the PCC skillset.



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## PEER-TO-PEER PRACTICE

You will have the opportunity to integrate your learning and practice your skills in a safe learning environment with your peers, supported by Student Mentors who are graduates from the academy. This platform will provide you with rich interaction and learning from the diverse backgrounds and cultures within the group.

## PRACTICAL LAB

The purpose of supervised practical coaching is to integrate your classroom learning into real-life situations. This learning is two-fold, you demonstrate coaching at the advanced level, and you gain a complete understanding of the PCC marker.



## Advanced Training Schedule for Sep 2024

Virtual class: 3 pm Singapore

### Learning Lab

Sep – Oct 2024

16, 17, 23 & 24 Sep	Understanding the Transformative Shift Principles
30 Sep & 1 Oct	Facilitating Clarity: Clean & Metaphorical Language
7, 8, 14 & 15 Oct	Evoking Awareness

### Competency Lab

Oct – Nov 2024

28 Oct	Integrative Approach
29 Oct	Establish Coaching Agreement
4 & 5 Nov	Cultivate Trust & Safety & Practice Session 1
11 & 12 Nov	Maintain Coaching Presence & Practice Session 2
18 & 19 Nov	Listen Actively & Practice Session 3
25 & 26 Nov	Facilitate Learning & Growth & Practice Session 4

### Peer Practice

Dec 2024

### Practical Lab

Jan – Feb 2025

### Mentoring

Jan – Mar 2025

Transformational Coaching Program  
**Advanced Training for Mastery Coaching**

## Advanced Training Schedule for Sep 2024

Virtual class: 8 pm Singapore

### Learning Lab

Sep – Oct 2024

19, 20, 26 & 27 Sep	Understanding the Transformative Shift Principles
3 & 4 Oct	Facilitating Clarity: Clean & Metaphorical Language
10, 11, 17 & 18 Oct	Evoking Awareness

### Competency Lab

Oct – Nov 2024

31 Oct	Integrative Approach
1 Nov	Establish Coaching Agreement
7 & 8 Nov	Cultivate Trust & Safety & Practice Session 1
14 & 15 Nov	Maintain Coaching Presence & Practice Session 2
21 & 22 Nov	Listen Actively & Practice Session 3
28 & 29 Nov	Facilitate Learning & Growth & Practice Session 4

### Peer Practice

Dec 2024

### Practical Lab

Jan – Feb 2025

### Mentoring

Jan – Mar 2025

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