



Advanced Training for Mastery Coaching

Accelerate your coaching
competency to create a

deeper and
more meaningful
conversation

2nd Level

Transformative Coaching

LEVEL 2

ICF-ACCREDITED
COACHING EDUCATION

Coach**Masters**academy
Inspires Positive Change, Develops World-Class Coaches



ACCELERATE Learning Track

You can expect to complete the training within 24 weeks.

1 Pre-Course Work

Complete pre-course reading and reflection paper..

2 Learning Lab

10 sessions @ 2 hours per session

Gain a deeper conceptual understanding to create a perspective shift in thinking to enable a positive lasting change during the coaching process.

3 Competency Lab

10 sessions @ 2 hours per session

Using a structured framework, you will understand the benchmark to demonstrate your coaching competency at a higher skillset.

4 Peer Practice

5 Practices @ 2 hours per session

An opportunity to practice what you have learnt and received feedback

5 Practical Lab

10 sessions @ 2 hours per session

Using a case-study learning approach to examine how the transformative principles are applied in a real-life coaching conversation

6 Mentoring Session

3 mentoring sessions
90 mins per session

Receive one-to-one mentoring sessions to bridge any learning gaps and, at the same time, identify growth opportunities for improvement.

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LEARNING LAB

Module A: **Co-Creating Authentic Change**

Nurture thinking and make it visible is at the core of this module. It examines how meaning is constructed in parts forming the whole. You will develop advance competence in attending and responding in the moment and expanding their listening capacity.

| Inter-Connectedness | Integrative Whole Concept
| Triple Loop Theories | Emergent Understanding



Module B: **Personal Mastery**

This module lays the foundation for the work of creating deep transformation for the client. You will be guided through the practice of creating shift and how to direct your awareness inwards to focus on the present moment. This state of being allows us to suspend our agendas and judgments and witness the experience as it unfolds.

| Authentic Presence | Nurturing the Way of Being



Module C: **Facilitating Clarity**

Clean and Metaphorical Language process is a technique designed to enable clients to discover more about their inner world and how they construct meaning. It will provide an opportunity for participants to explore the power of clean language metaphor and to practice specific ways to use them effectively in the coaching conversation.

| Clean Language | Metaphorical Language | Practicing Shift

COMPETENCY LAB

Using a structured framework, you will gain understanding on the benchmark to demonstrate your coaching competency at the PCC skillset.



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PEER-TO-PEER PRACTICE

You will have the opportunity to integrate your learning and practice your skills in a safe learning environment with your peers, supported by Student Mentors who are graduates from the academy. This platform will provide you with rich interaction and learning from the diverse backgrounds and cultures within the group.

PRACTICAL LAB

The purpose of supervised practical coaching is to integrate your classroom learning into real-life situations. This learning is two-fold, you demonstrate coaching at the advanced level, and you gain a complete understanding of the PCC marker.



SCHEDULE for Mar 2024 Intake

Virtual class: 3 pm Singapore

Learning Lab

Mar – Apr 2024

18, 19, 25 & 26 Mar	Understanding the Transformative Shift Principles
1 & 2 Apr	Evoking Awareness
8, 9, 15 & 16 Apr	Facilitating Clarity: Metaphorical Language

Competency Lab

Apr – May 2024

29 Apr	Integrative Approach
30 Apr	Establish Coaching Agreement
6 & 7 May	Cultivate Trust & Safety & Practice Session 1
13 & 14 May	Maintain Coaching Presence & Practice Session 2
20 & 21 May	Listen Actively & Practice Session 3
27 & 28 May	Facilitate Learning & Growth & Practice Session 4

Peer Practice

Jun 2024

Practical Lab

Jul – Aug 2024

Mentoring

Jun – Sep 2024

Transformational Coaching Program
Advanced Training for Mastery Coaching

SCHEDULE for Mar 2024 Intake

Virtual class: 8 pm Singapore

Learning Lab

Mar – Apr 2024

21, 22, 28 & 29 Mar	Understanding the Transformative Shift Principles
4 & 5 Apr	Evoking Awareness
11, 12, 18 & 19 Apr	Facilitating Clarity: Metaphorical Language

Competency Lab

Apr – May 2024

2 May	Integrative Approach
3 May	Establish Coaching Agreement
9 & 10 May	Cultivate Trust & Safety & Practice Session 1
16 & 17 May	Maintain Coaching Presence & Practice Session 2
23 & 24 May	Listen Actively & Practice Session 3
30 & 31 May	Facilitate Learning & Growth & Practice Session 4

Peer Practice

Jun 2024

Practical Lab

Jul – Aug 2024

Mentoring

Jun – Sep 2024

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